



Menu Board

ALL BRANCHES

MBUZI MUNCH - THE TASTE OF KENYA

GOOD FOOD * GREAT TIMES



Welcome to

M B U Z I M U N C H

All our goats graze free range & are compassionately raised. We only serve young animals with a carcass weight of around 13kgs thus guaranteeing the fresh flavour & tenderness of the meat.

Before the meat is barbequed, we add a special blend of herbs, spices, sauces and flavours for that authentic Kenyan Nyama Choma taste.

As all of our grilled meat dishes are prepared to order, please let your waitress know for beef or mbuzi how you would like it cooked - medium or rare or well done

With the exception of our state of the art kitchens, wherever possible our designers aim to include recycled or upcycled material such as the glassware which are made from bottles.

Our drinks and sauces are stored in recyclable containers.

We operate a Buy local, Buy Kenyan policy for equipment, supplies and services using local artisans wherever possible.

THE TASTE OF KENYA





B R E A K F A S T M E N U

A LA CARTE

Eggs

Fried or Poached Eggs 330/-

Two eggs plus a round of toast

Scrambled Eggs 400/-

Three eggs and a round of toast

Omelettes (3 eggs)

Plain 300/-

Cheese 580/-

Spanish 350/-

Combos

Big combo - 2 sausages, 2 fried eggs 1 mandazi or toast, Kenyan tea 450/-

Mid combo - 1 samosa, 1 fried egg 1 mandazi or toast, Kenyan tea. 400/-

Breakfast Burrito Combos

Wrap - Eggs, cheese, onions, peppers 750/-

Wrap - Spinach plus a cheese omelet 650/-

Breakfast Sausage Special Combo 600/-

Two Juicy sausages sliced & fried with onions, peppers & breakfast potatoes

Porridge 200/-

Bowl of oat or millet porridge with honey and cinnamon

SIDES

Sausages (two pieces) 200/-

Samosas (two pieces) 270/-

Spinach 180/-

Whole meal toast 2 slices 80/-

Mandazi per piece 60/-

Breakfast potatoes 200/-

Chapati 130/-

Pancakes 4 pieces with honey 300/-

Baked beans on Toast 350/-



M E N U

SPECIALITIES

Mbuzi Leg Deluxe With Onions, Spices & Sauce	2800/Serves 2-3
Nyama Feast Platter Mbuzi Arm, T-Bone, ½ Chicken, Choma Suasages, Onion Rings, Ugali Fries, Potatoe Wedges, Kachumbar	4500/Serves 4
Kuku Special Whole/Half/Quarter	2400/1250/880
T-Bone (400 grammes) Grilled Steak with pepper sauce, potato wedges & spinach	1950/-
Whole Tilapia Fried or Stewed	970/1100
Mbuzi Choma Ribs The traditional favourite	1000
Sausage Special Juicy sausages sliced & fried with onions, peppers & chips	600
Golden Battered Kuku strips Served with chips	750

As all of our food is prepared with fresh ingredients and custom cooked for each order, some dishes can take a little longer, so please check with your waitress if you're in a hurry!

NAIROBI GOLF PARK

Sun/Mon/Tue/Wed/Thu 7:00 - 22:00
Fri/Sat 7:00 - 23:00

NAIROBI GALLERIA

Sun/Mon/Tue/Wed/Thu 10:00 - 22:00
Fri/Sat 10:00 - 23:00

NAIVASHA BUFFALO MALL

Sun/Mon/Tue/Wed/Thu 10.00 - 22:00
Fri/Sat 10:00 - 23:00

We aim to provide you with, not only the best quality food and atmosphere we can, but also the friendliest staff, if you are happy with the service please leave a tip for your waitress to let her know.



M E N U

NYAMA CHOMA FROM OUR GRILL

Mbuzi Leg Deluxe	2800/Serves 2-3
Mbuzi Leg	2650/Serves 2-3
Mbuzi Arm Deluxe	2000/Serves 1-2
Mbuzi Arm	1900/Serves 1-2
Mbuzi Stew	1100 /Serves 1
Mbuzi Choma Ribs	1000 / Serves
Mbuzi Liver Deluxe	800 / Serves 1
Mbuzi Matumbo Deluxe	600 / Serves 1

Our meats are grilled to your specification (medium, well done etc.) and with your preferred sauce so let the waitress know. Deluxe dishes are finished off in the pan with onions & gravy

KUKU KITAMU FROM OUR PANS/GRILLS

Kuku Choma	1100/-Half 2200/- Whole
Kuku Wings Spicy/Saucy	850/-eight pieces
Battered Chicken & chips	800/-
Grilled Kuku Breast	750 /-

BURGERS

Boran Big Beefy	
Home made beef burger	900 /- Ground lean beef
Kuku Cruncher	850 /- Kuku in Batter
Crunchy battered chicken	
Mbuzi Muncher	900 /- Capri Burger
Homemade goat-meat burger	

All served with a choice of BBQ, Mayo, Chilli or Ketchup

WRAPS & QUESADILLAS

Mbuzi Melt	800 /- Capri
Kuku Melt	800 /- Chicken
Spinach and feta Melt	600 /- Veggie
Falafel Wrap	700 /- New Veggie Special
Choma Wrap	700 /-
Choma Special Wrap	700 /-
Crispy Kuku Wrap	700 /-
Grilled Kuku Wrap	700 /-

MBUZI MUNCH COMBOS

Mbuzi Ribs ADD Chips	1100 /-
Any Meat Melt ADD Chips	950 /-
Veggie Melt ADD Chips	800 /-
Any Burger ADD Chips	1000 /-
Any Wrap - ADD Chips	900 /-



M E N U

FISH	Fried Whole Tilapia	970
	Special Whole Tilapia	1100
	Battered Fish & Chips	950
	Golden Fish strips & Chips	850
SUPER HEALTHY DISHES	Chicken Caesar Salad	800
	Greek Feta Salad	650 /- Veg
	Bibi's Garden Salad	600 /- Veg
	Dahl Curry & Chapati	700 /- Veg
SIDES & SNACKS	Samosas	270 /2 Pieces
	Choice of goat, beef, chicken or feta and spinach	
	Our Legendary Chips	280
	Masala Chips	400
	Masala Wedges	400
	Cheesy Chips	450
	Sauté Potatoes	300
	Potato Wedges	300
	Roast Potatoes	300
	Onion Rings	300
	Ugali	100
	Ugali Chips	150
	Rice	200
	Chapati	130
	Kachumbari	150
Greens	180	
DESSERTS	Sticky Toffee Pudding	400
	Served with ice cream	
	Chocolate Brownie	400
	Served with ice cream	
	Ice Cream Assorted	300



NON - ALCOHOLIC DRINKS

SOFT DRINKS

Soda Coke/Fanta/Sprite 500ml	160
Still Water 500ml/1litre	150/250
Sparkling Water 750ml	300
Vuno Fresh Juices	500
Classic Lemonade	350
Blue Berry Lemonade	500
Strawberry Lemonade	450
Mint Punch	400
Red Bull/Monster	480
Isotonic drinks	450
Ribena Tot	50

MOCKTAILS

Virgin Mojito	350
Rock Shandy	350
Mbuzi Sunset	500

SMOOTHIES

Strawberry	500
Banana	500
Mango	500
Mixed Fruit	550

MILKSHAKES

Vanilla	400
Chocolate	400
Strawberry	400
Espresso	450
Mocha	450
Caramel Espresso	550

ICED DRINKS

Café Mojito	450
Iced Tea	250
Iced Coffee	250
Iced Latte	300
Iced Vanilla Latte	400
Iced Mocha	350
Iced Caramel Macchiato	400

TEA

Cup/Pot

Kenyan	120/250
Spiced	150/300
Chamomile	250
Minty Green	250
Spiced Herbal	250
Green Herbal	250

COFFEE

Single/Double

Americano	180/200
Espresso	180/200
Macchiato	200/250
Café Latte	200/250
Cappuccino	200/250
House Coffee	200/250
Mocha	350
Caramel Macchiato	330
Vanilla Latte	330
Extra Syrup	100

HOT DRINKS

Ginger Dawa	350
Hot Chocolate	250



ALCOHOLIC DRINKS

BEERS

Tusker Draft 500ml	325
Tusker Draft Jug 2L	1150
Tusker Lager/Ndimu	400
White Cap	450
Pilsner	400
Balozi	400
Whitecap crisp	450
Tusker Lite	450
Tusker Malt	450
Tusker Cider	450
Guinness Kubwa	450
Guinness Smooth	450
Hunters	400
Heineken/H.Zero	500
Savanah	500

CRAFT CIDERS

Kenyan Originals	
Lime & Ginger	450
Passion & Lime	450
Pineapple & Mint	450

RUMS

	Shot/Bottle
Bacardi	300/ 5000
Captain Morgan (Gold)	250/ 3500
Captain Morgan (Spice)	300/ 4500

GINS

Tanqueray London	300/6500
Tanqueray No. 10	500/9500
Tanqueray Sevilla	300/6500
Tanqueray Royal	300/6500
Gordons Dry + Pink	300/4500
Gilbeys	250/4000

VODKAS

Smirnoff Red	250/3500
Ketel One	400/7500
Smirnoff ice Guarana	400 (Can)

WHISKYS

	Shot/Bottle
Johnnie Walker (Red)	250/ 3500
Jameson	300/ 6000
Jack Daniels	400/ 8000
Johnnie Walker (Black)	400/ 8000
Bulleit Bourbon	500/ 10000
Singleton (12yrs)	550/ 12000
Johnnie Walker (DBLE blk)	450/ 11000
Glenfiddich (12yrs)	700/ 15000
Glenfiddich (15yrs)	950/ 20000
Johnnie Walker (Gold)	850/ 18000
Singleton (18yrs)	750/ 16000
Glenfiddich (18yrs)	900/ 18500
Johnnie Walker (Blue)	- / 50000
Johnnie Walker (Green)	800/ 17500
Johnnie Walker (18yrs)	1100/22000

TEQUILAS

Jose Cuervo	300/5500
Tequila Camino	300/5500
Don Julio Blanco	700/14000
Don Julio Reposoda	750/15000

OTHER LIQUERS & BRANDYS

Bailey's	300/5500
Jägermeister	450/7500
Hennessey VSOP	1200/25000
Viceroy	250/3500



W I N E S

WHITE	Glass/Bottle	RED	Glass/Bottle
La Escondida Torrantes Argentina Dry White, stone fruits	600/3000	Trumpeter Cab Franc Argentina / Mendoza Intense with aromas of pepper & black fruits.	- /4200
Yellow Tail Sauvignon Blanc Australia Refreshing, light with aromas of fruits.	600/3000	Escondida Malbec Argentina A dry crisp dry wine.	-/3000
Versus Sweet White /South Africa/Crisp, light with aromas of tropical fruits.	550/3500	Versus Dry Red (1L) /South Africa/Light with notes of ripe black fruits & berries.	600/4000
Versus Dry White (1L) South Africa/With aromas of ripe apple, peach & Muscat fruits.	600/4000	Versus Sweet Red /South Africa/Sweet with flavours of berries	550/3500
ROSE Sanfilipe Rose	-/4200	SPARKLING Undurraga Cava Sparkling Spain/Refreshing with aromas of citrus stone fruits	-/4200



C O C K T A I L S

Gin & Tonic	650	Vesper Martini	700
Tanqueray Tonic		Gordons gin	
Lime wedge		Smirnoff vodka	
		Martini	
Pink Pussy Cat		Kenyan Dawa	700
Martini	700	Smirnoff vodka	
Gordons pink		Honey	
Pineapple juice		Lime	
Grenadine syrup		Espresso Martini	750
Honolulu	700	Smirnoff vodka	
Gordons gin		Kahlua	
Pineapple juice		Sugar syrup	
Orange juice		Espresso	
Lime juice		Singleton Espresso	1100
Sugar syrup		Singleton whisky	
Angostura bitters		Sugar syrup	
Mojito	700	Kahlua	
Mint leaves		Espresso	
Brown sugar		Whisky Sour	900
Bacardi rum		Bulleit bourbon	
Lime juice		Lime juice	
Soda water		Sugar syrup	
London Cosmopolitan	700	Angostura bitters	
Smirnoff vodka		Pimms	800
Lime juice		Pimms No 1	
Cranberry juice		Lime juice	
Triple sec		Sugar syrup	
Margarita	700	Strawberries,	
Tequila Camino		Orange	
Triple sec & Cointreau		Cucumber	
Lime juice & Cointreau		Mint	
Long Island Ice Tea	900	Sprite	
Smirnoff vodka			
Bacardi rum			
Tequila Camino			
Gordons gin			
Triple sec & lime juice			
Sugar syrup			
Coke			



K I D S M E N U

COMBOS

Hot Dog, Chips and Soda 350
With ketchup

Battered Chicken Fingers 400
With chips, soda and ketchup

Battered fish fingers 400
With chips, soda and ketchup

Kids Beef burger 450
With chips, soda and ketchup

Pancakes with jam 200 - 2 pieces

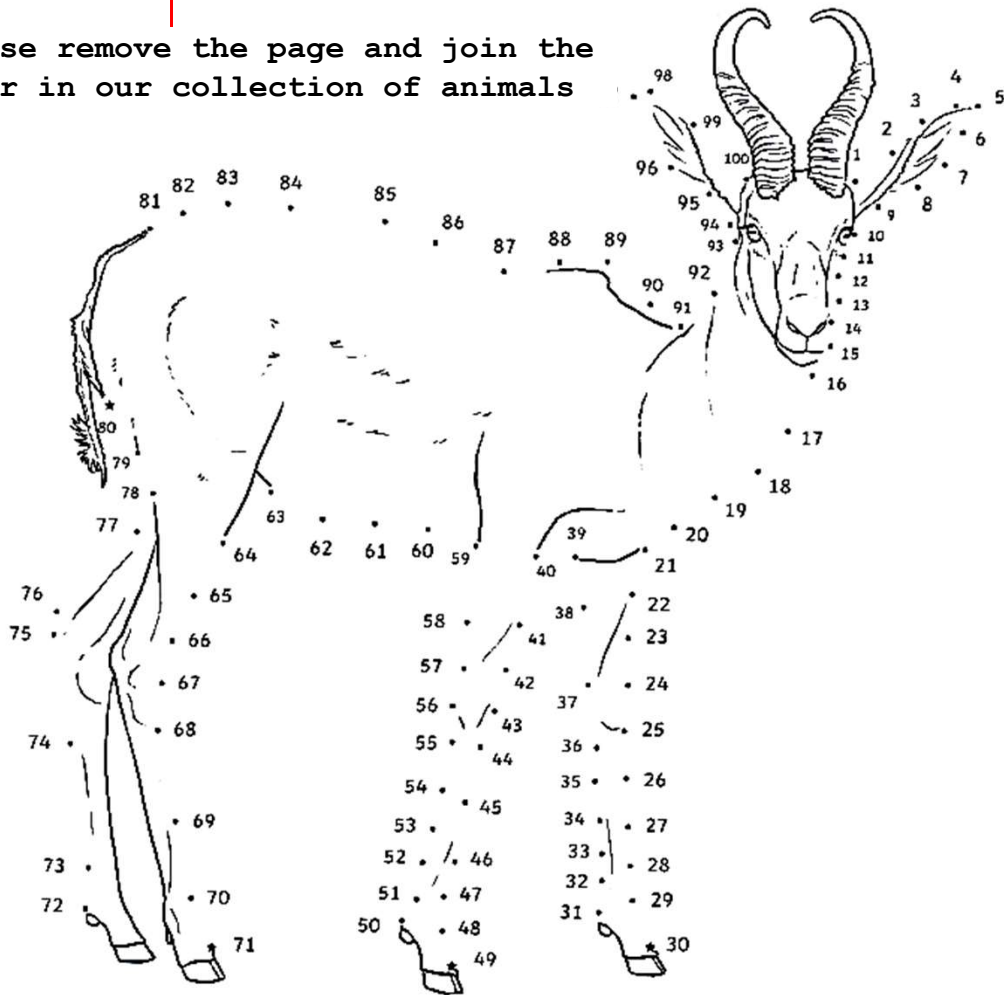
Baby samosas 150 - 2 pieces

SNACKS

Ice Cream Cone 100

Milkshake 150

Kids, please remove the page and join the dots/colour in our collection of animals





LET'S MEAT
AGAIN SOON



MBUZI MUNCH
BUFFALO MALL
NAIVASHA
0758 283 247

MBUZI MUNCH
GALLERIA MALL
LANGATA RD
0794 587 187

MBUZI MUNCH
GOLF PARK
NGONG RACECOURSE
0723 868 686

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